

A Free Nancy's Notions® Project Sheet for You...

Once Upon a Time Pillow

Designed by Kate Bashynski

Take a fanciful journey into make-believe, with billowing clouds, celestial bodies, and whimsical sailing ships transporting you into the land of "once upon a time." Making the pillow couldn't be easier, and you can personalize the pillow by choosing and embroidering your own favorite designs.

PILLOW FINISHED SIZE: approximately 14" or 16" square

SUPPLIES:

- Amazing Designs Once Upon a Time CD
- ½ yd. fabric
- ¼ yd. fusible interfacing
- 14" or 16" pillow form
- Closure (Choose 1): 6"–10" length of Velcro®—or—24" trim for ties—or—Three 1½" covered or decorative buttons—or—Snaps



HELPFUL NOTIONS:

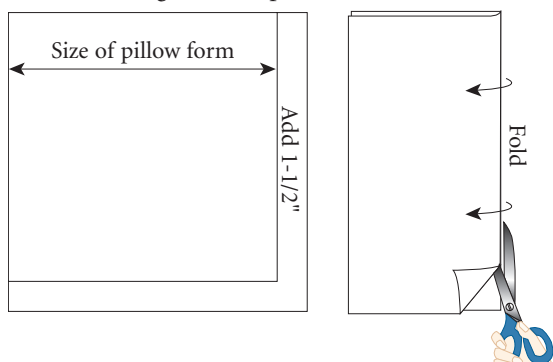
- Matching all-purpose thread
- ¼ yd. lightweight interfacing
- Bamboo Pointer & Creaser
- Stabilizer
- Machine embroidery threads

DIRECTIONS:

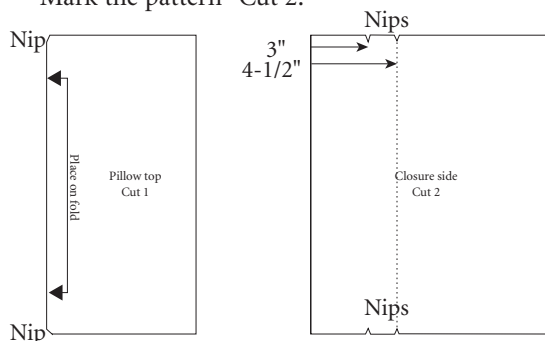
Note: Seam allowances are ⅜" unless otherwise specified.

1. Create a pattern.

- Cut a paper square the size of the pillow form plus 1½". (For example, with a 14" pillow form, cut a 15½" square.)
- Fold the square in half, meeting opposite sides; cut along the fold, making two half pieces.

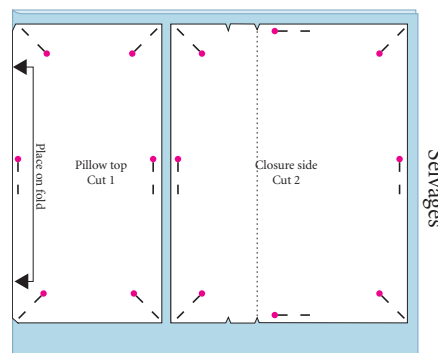


- Use one half as the pattern for the pillow top.
 - Mark a fold line along one long edge.
 - Place "nip" markings at both ends of the fold.
 - Mark the pattern "Cut 1."
- Use the second half as the closure side of the pillow.
 - Add a 4½" extension along one long edge.
 - Place nip markings 3" and 4½" from the edge.
 - Mark the pattern "Cut 2."



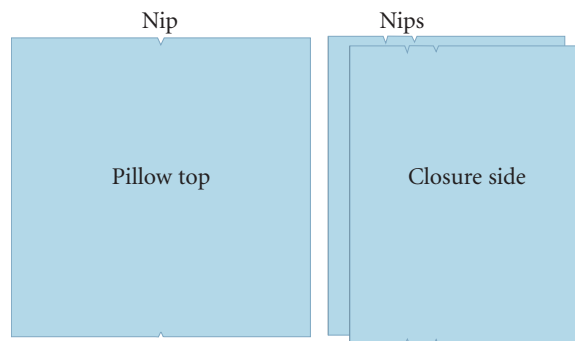
2. Cut out the fabric.

- Fold fabric in half, wrong sides together, meeting selvages.
- Place pillow top pattern on fabric, aligning pattern fold line with fabric fold. Pin pattern along fold and edges.
- Place pillow closure pattern on fabric, aligning pattern edge so it is parallel with the selvages. Pin.



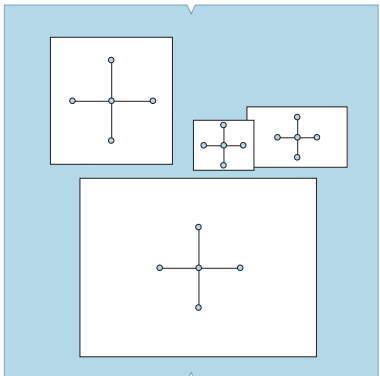
- Cut out pattern pieces.

3. Mark fabric by cutting short ¼" nips at the fold of the pillow top and at marked positions on the pillow closure.



4. Embroider the pillow top.

- Select designs. [Designs shown on the illustrated pillow were #40 (stars), #6 (cloud), #35 (moon), and #30 (ship).] Feel free to select other designs or design combinations to create your fairy tale scene.
- Arrange design and mark design positions on the pillow top.

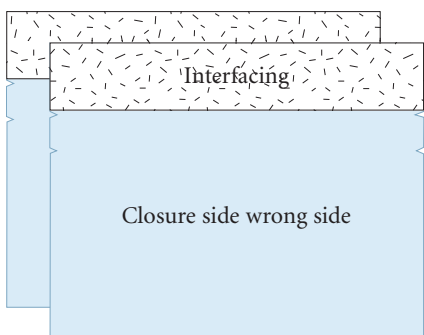


- Set up your sewing machine for machine embroidery, following instructions in your owner's manual.
- Back pillow top with stabilizer. Hoop and embroider the designs.



5. Interface the hem edge of the closure sections.

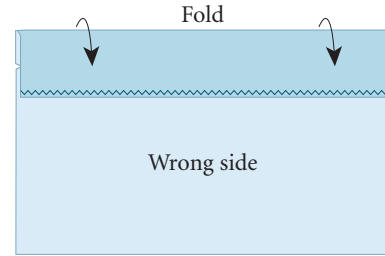
- Cut two rectangles of fusible or sew-in interfacing 3" wide and the length of the pattern pieces.
- Meet interfacing rectangles to wrong side of each closure piece as shown, aligning the edge of the interfacing with the 3" nips.



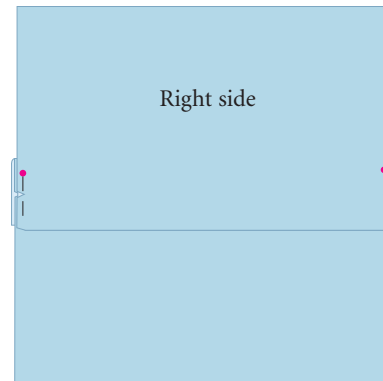
- Fuse or stitch the interfacing in place following the manufacturer's instructions.

6. Hem each closure piece.

- Zigzag the interfaced hem edge, or fold under the edge 1/4".
- Fold and press each closure piece along the first nip marking, meeting wrong sides, creating a hem.

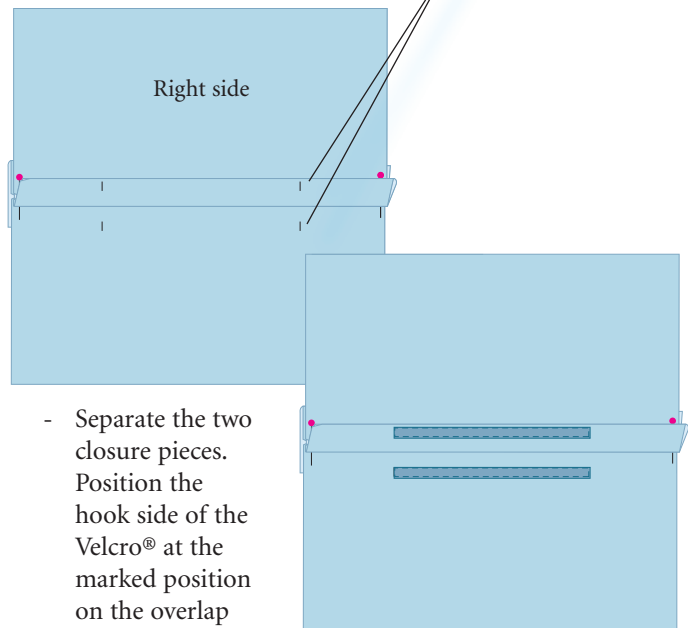


- Overlap the two closure pieces, matching the second nips, forming a square. Pin overlap.



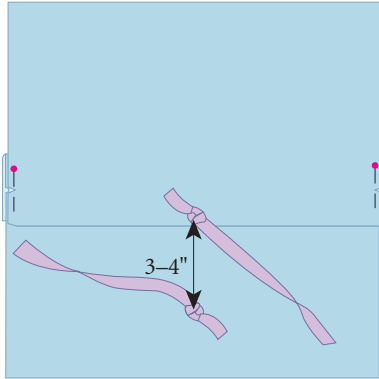
7. Add a closure in one of these ways:

- Using Velcro®:
 - Cut a 6"-10" length of Velcro®.
 - Center the Velcro® (with hook and loop strips together) under the overlap. One long edge of the Velcro® should be approximately 1/8" from the fold. Use a fabric marking pen or pencil to mark the Velcro® position on both the overlap and the underlay.

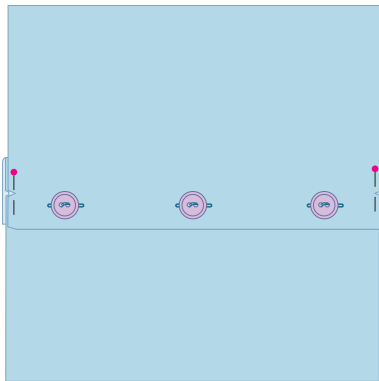


- Separate the two closure pieces. Position the hook side of the Velcro® at the marked position on the overlap and the loop section at the marked position on the underlay. Straight stitch the Velcro® in place.

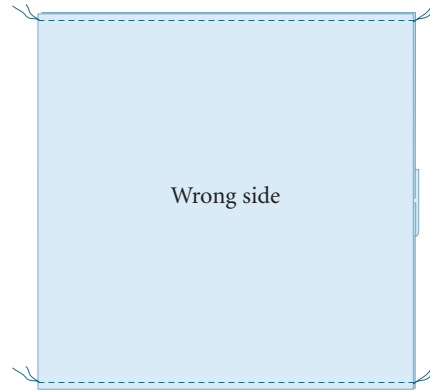
- Using ties:
 - Cut two 10"-12" lengths of trim such as cording, leather strips, fabric tubes, etc., for each tie. (The pictured pillow includes one tie, using two lengths of trim.)
 - Knot one end of each trim 1" from the end. If trim ravel, finish ends or apply a seam sealant such as Fray Check™.
 - Stitch one trim strip to the center of the overlap, sewing next to the knot.
 - Stitch the second trim strip to the underlay, positioning it 3"-4" from the overlap tie.



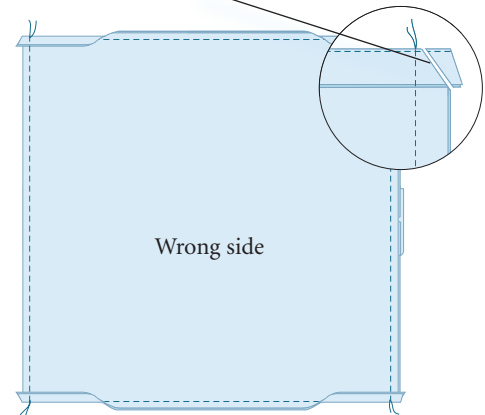
- Using buttons or snaps:
 - Determine the number of buttonholes or snaps, spacing them approximately 3" apart.
 - Stitch buttonholes or attach snaps along the marked center line.
 - Stitch buttons or attach snaps along the center line of the underlay.



- Stitch the pillow together with four quick seams.
 - Meet pillow front and back, right sides together.
 - Stitch upper and lower edges with 5/8" seam allowances. Lock stitches at the beginning and end of each seam. Remove pins as you come to them.



- Press seam allowances flat; then fold seams toward the center of the pillow along the stitching lines and press again. This "wraps" the seam allowances and makes it easier to get sharp corners, as well as crisp edges on the pillow.
- Stitch the remaining two seams, sewing from fold to fold and creating wrapped corners. It's not necessary to leave an opening because the pillow has a back closure, allowing for easy insertion of the pillow form.
- Angle cut the corners.



- Turn the pillow right side out. Use a Bamboo Pointer & creaser to shape the corners. Press pillow; insert pillow form.