Dresden Plate Petal Power Box Pillow

Pillow: Finish all fabric edges with 3-thread overlock stitch or 3-step zig zag.

The Fabric

Using pillow pattern pieces, cut:
2 15” Fabric Circles - 1 for top, 1 for back (Clip all notches and trace Petal Placement Circle to face side of front pillow piece)
1 4” x 31” Fabric Rectangle (Clip all notches)
2 2 1/2” x 19” Fabric Rectangles (Clip all notches)

Flower:

6 4 1/2” x 44” Fabric Strips Selvage to Selvage
6 4 1/2” x 22” Batting Strips
2 8” Fabric Circles
1 8” Batting Circle
A few handfuls of polyester stuffing

The Notions

Sewing with Nancy Sew Simple Dresden Template by Nancy’s Notions (Item # SWNSSDF)
Rotary Cutter, Ruler & Mat
Pinking Shears (Item #FPS8)
Thread Snips (Item #TPMSS)
Frixion Pen (Item #FECBT)
Clover Chaco Liner (Item #CL4712)
Clover Flower Head Pins (Item #FHP2)
Clover Mini Wonder Clips (Item #CL3188)
Fray Check (Item #SF2)
Crochet Hook
Clover Stiletto - optional, but very helpful (Item # AWL2)
Wonder Tape (Item #BT14)
1 20” YKK Railroad Zipper
A few handfuls of polyester stuffing (Item #FPF0)
18” Round Pillow Form
Thread to Match
Walking Foot (Optional, but very helpful when sewing multiple layers, particularly with batting)

Most supplies available (item codes provided - I did the searching for you!) by the great folks at Nancy’s Notions at www.NancysNotions.com.
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The Instructions

1) Printing the Pattern Pieces
   a) The pattern pieces are in pdf format and are already prepared to tile print. Simply print the pages and tape together.

2) Making the Flower Petals

   Tip: When sewing the petals and the center, keep your stitch length quite short. I set my stitch length about 1.8mm. I didn’t use a walking foot, but if you find the layers shifting, your walking foot may help.

   b) Place batting strip below fabric strip. Separate the petals by cutting them apart at the 4” reference line. Pin at center to hold layers together. With batting on the bottom against the feed dogs - keeps the slippage to minimum - sew around the petal following the line. Backstitch at the beginning and end.
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c) With pinking shears, cut the excess seam allowance away, then turn RSO (right sides out). Using the wrong end of the crochet hook, guide the curved edge into place. Press lightly.
d) Trim the raw end of the flower petal so that the length is 6 3/4”.

3) Making the Flower Center
a) Retrieve the Flower Center pattern the two 8” squares of fabric, and the 8” square of batting. Using a Clover Chaco - Liner (I prefer the silver one - it shows up on everything) trace the flower center pattern onto the wrong side of the square piece you will use as the backing for the flower center. (If you are going to embroider the flower center, do the embroidery before moving on to the next step.)
b) Layer the pieces so that the batting is on the bottom layer, the flower center is face up in the middle, and the backing for the flower center is face down on top. Pin layers together.
c) Sew the perimeter of the circle.
d) With pinking shears, cut the excess seam allowance away, then slice into the center of the backing square only. Turn RSO (right sides out). Using the wrong end of the crochet hook, guide the curved edge into place. Press lightly.
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4) Placing the Flower Petals

a) Retrieve the pillow top. Using the Petal Placement Reference Circle, place 9 petals as shown. Pin in place, then sew 1/4” from raw edge to attach the petals to the pillow. Don’t worry about the raw edges - they will be covered by the flower center.

b) Once you have attached the first level of petals to the pillow, attach the second level of petals as shown. Sew in place.
5) Placing the Flower Center

   a)  Retrieve the flower center. Place the flower center centered to the petals, face side up, making sure to cover all raw edges of the petals evenly. Pin in place.
   b)  Leaving a 2” opening, sew the perimeter of the flower center using your favorite applique stitch (I used straight stitch.)
   c)  Through the opening, place a few handfuls of stuffing to “plump” the flower center.
   d)  Sew opening closed.

6) Making the Pillow (All seam allowances are 1/2”)

   a)  For a professional finish serge all raw edges with an overlock. Alternatively, use a 3-step zig-zag to stabilize the raw edges so they don’t continue to fray over time. Use a bit of Fray Check at the corners to “seal” the stitches. (Apply the Fray Check to the overlock tails at the corners. Allow the Fray Check to dry, then clip the threads.)
b) Retrieve the two zipper panel pieces. RST baste them together on the unnotched edge. Press seam allowances open.

c) On the wrong side, place Wonder Tape at the edges of both seam allowances. Peel away the protective layer covering the adhesive of the Wonder Tape.

d) Place the zipper face down, aligning the edges of the zipper with the edges of the seam allowances. Press firmly to adhere to the Wonder Tape. Sew 1/4” from both sides of zipper to attach it to the zipper panels. Remove basting.

e) Pull zipper stop in from edge at least 6”. Baste across ends. Cut zipper ends to length.

Tip: It’s always best to keep the fabric that is the least stable on the bottom nearest the feed dogs. In this case, it’s easier to sew the zipper into place face up. However, if you sew with the zipper on top, you’ll have less torque in the stitching. Also, make sure to increase your stitch length. 3 mm to 3.5 mm is a good length.
f) Retrieve side panel. Sew one end of side panel to end of zipper panel RST. Sew other end of side panel to end of zipper panel RST.

g) To create a “garage” in which to “park” the zipper pull, place the zipper panel face up. Allow the side panel to rest on top of the zipper panel. Using a Frixion pen, “box” the ends of the zipper panel 1 1/2” from the cut edges. Sew on these lines. Fold the front panel back and baste in place.
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h) Starting with the back of the pillow and the completed side panel RST, align notches (there should be 8) and clip in place. Sew with the pillow back on the bottom against the feed dogs (it’s typically more successful to sew curves this way.)

![Image](image1.jpg)

i) Align the notches of the pillow front with the notches of the side panel RST. Clip in place. Sew with pillow front on the bottom against the feed dogs. Be careful not to catch the petals when you are sewing.

![Image](image2.jpg)

j) Turn pillow face out through the zipper opening. Place pillow insert.

![Image](image3.jpg)
Dresden Plate P
Cut 2 (To
Dresden Plate Petal Power Box Pillow
Cut 1 (Top and Bottom)
Dresden Plate Petal Power Box Pillow (Front Panel)

Dresden Plate Petal Power Box Pillow Cut 2 (Side Zipper Panel)
Dresden Plate Petal
Power Box Pillow
Cut 2 (Flower Center)